

**Chaplin Senior Center**

**Board of Directors**

**132 Chaplin Street**

**Chaplin, CT 06235**

The Board of Directors for the Chaplin Senior Center met for its regular meeting on Tuesday, **October 4, 2022**, in the Library conference room.

Members present: Chairperson Irene Schein, Karl Linkkila, Shirley Rakos, Ann Lewis, and Ellen Gillon; alternates Robin Hoagland, Janice Godaire and pending alternate Joyce St. Lawrence; Director Lisa Kegler, and Victoria Northrop (recording clerk).

- 1. Irene Schein called the meeting to order at 10:03 a.m.** Robin Hoagland was seated for Crystal Gebhardt and Janice Godaire was seated for Walt Zlotnick.
- 2. Audience for Citizens:** None present.
- 3. Minutes:** The minutes of the Board Meeting of September 6, 2022 were approved unanimously after a motion was initiated by Anne and seconded by Karl.
- 4. Additions and Changes to the Agenda:** None
- 5. Filling Board Vacancy:** Irene announced that Catherine Dietrichsen has resigned from the Board and the position needs to be filled. Irene then made a motion to make the longest-tenured alternate Dawn Gilbert a full member and to add Joyce St. Lawrence in the vacated alternate spot. Janice seconded the motion and the Board passed it unanimously. Irene will contact the Board of Selectmen in writing to ratify this change and conduct the swearing in.

**6. Director's Report:**

- a. Special Revenue Fund: \$31,737.93
- b. Cash on Hand: \$43.91
- c. Membership: 365
- d. Dues collected: \$2430.50

Lisa stated that there is an upcoming flu shot clinic on October 13<sup>th</sup>, and on the 5<sup>th</sup> of October will be a seminar on seed saving with Kelly Caisse. She mentioned that the Connecticut Land Conservation has asked for senior volunteers to walk some trails to determine degrees of accessibility, particularly on some Joshua's Trust trails. The Saturday morning walking club has begun again. She also mentioned that the increase in salary to the chef and assistant had passed and been carried out.

Lisa distributed the Center's Annual Report to the Board members and asked for them to read through and make any suggestions for changes or additions. The members made several suggestions which Lisa will incorporate, such as emphasizing new members rather than just total members and mentioning the low-high range of the number of meals served rather than just the average number, listing staff, etc.

Lisa said that there will be no holiday bazaar this year as there were two other successful fundraising events. She publicized the fact that the massage chair has arrived in the newsletter and also contacted two electricians about the possibility of adding electrical outlets in the dining room. The ceiling insulation will make any work done behind the suspended ceiling difficult. The quotes will be coming soon from Mr. Godaire.

The art hanging system sample arrived from Amazon and Irene brought it to show to the Board. The Art subcommittee will add Joyce St. Lawrence to Ellen and Victoria. The subcommittee will arrange a walk-through to plan where it will be most appropriate to hang the tracks and draw up a diagram with measurements. The hanging of the tracks may involve installation in masonry and on studs, so it will need to be done by someone with expertise. The load-bearing capacity of the hanging system will need to be determined. Once the tracks are in place, then artists can be contacted and dates decided.

#### **7. Senior Housing Survey**

Irene brought in the results of the four question senior housing survey that the Economic Development Committee had carried out. 47 responses were paper, 65 digital. 94% of respondents were potentially interested in affordable senior housing within the next 7 years (survey date was 2019). Most wanted affordable, safe, convenient housing. The Board discussed the difficulties of private owners providing senior housing due to the potential for the senior to decline into a state where intensive caregiving was required. The Board mentioned that cost of housing could be priced on basis of a percentage of income rather than flat pricing and also discussed the differences between downsizing and independent living vs. assisted living. The need for adult daycare in the Chaplin area/Windham county was discussed, as well as the high cost of in-home care and adult daycare in Tolland. Victoria will do some research on how adult daycare programs can be initiated. A few basic questions about demand for adult daycare in our area may be added to the newsletter.

**8. Next Meeting Date:** November 1, 2022 @ 10 a.m.

**9. Adjournment:** the meeting was adjourned at 10:56 a.m.  
Minutes submitted by Victoria Northrop, recording clerk