

March 2022

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Bob Grindle & Dawn Gilbert, Kitchen
Ann Lewis, Municipal Agent



Indoor Dining - With the Covid numbers looking much better, we have decided to open up for indoor dining again. Please let us know when you sign up if you will be dining in or taking your lunch to go.

Wednesday, March 16, 2022 at 6:30 pm

Benjamin Chaplin's Will

The Library will host the next Bicentennial talk, which will be a discussion of Benjamin Chaplin's will. Join Chaplin residents Gavin Horning-Kane and UCONN History Professor Brendan Kane to explore the contents of our town benefactor's will. Since it was written in 1790, the handwriting can be difficult to read. View the will for yourself, try your hand at transcribing a portion of it and discover a bit about our town's history. Please call 860-455-9424 or email librarydirector@chaplinct.org to register.

The History of the Chaplin Congregational Church - The Chaplin Library will be hosting a talk about the history of the Chaplin Congregational Church, presented by Alex Hill on Sat. March 26, 2022 at 1:00pm. This talk will be followed by an ice cream social!!

Covid-19 Vaccination Clinics - The Library and Senior Center will be hosting vaccination clinics on March 9, 2022 from 2:00pm till 6:00pm. A pediatric clinic (ages 5-11) in the library meeting room and adult clinic (12+) in the senior center. Please enter through the library for both clinics. The follow-up clinics for the 2nd dose will be on Wednesday, March 30, 2022 from 2pm till 6:00pm.

Watercolor Class - Great news, we would like to welcome Anna Harding as our new watercolor instructor at the center. Classes will be on Thursday, March 10th and 24th, from 10:00am till 12:00pm, and continue every other Thursday in the future. We will have some supplies to share, but please bring any that you may have. Cost will be \$5.00 a class.

Fit & Fun Exercise Class - Due to popular demand, we will be offering Fit & Fun on Mondays, Tuesdays and Thursdays at 9:00am. This is a fun class that is suitable for many ability levels.

Quick Fix Haircuts - Cindi will be at the center on Thursday March 24th, from 9:00 till 2:00 for all your hair care needs. Call 860-455-1327 to schedule your appointment.

Massage with Carlie - Massage therapy appointments can be scheduled for Thursdays, March 3rd, 17th and 31st. \$30.00 for ½ hour and \$50.00 for an hour.

Podiatry - Dr Morgan the Colchester Foot Specialist will be here on April 20th, from 1:00 till 2:00. Give us a call at 860-455-1327 to get on the schedule. Appointments fill up quick!!

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday

\$5.00 a meal

Pickups will be from 11:45 till 12:15

You must call in your order on the Thursday before by 2:00pm for Monday Lunch and call in on Monday before for Wednesday lunch.

860-455-1327

March 2022 Menu

Wed. March 2nd Shepherd's Pie, Vegetable, Dinner Roll & and Dessert

Monday March 7th - Italian Sausage w/ Pasta & Fresh Sauce, Garden Salad, Garlic Bread and Dessert

Wed. March 9th - Chicken Pot Pie, Corn Bread, Cole Slaw and Dessert

Monday March 14th – Salisbury Steak, Scalloped Potatoes, Gravy, Vegetable, Dinner Roll & Dessert

Wed. March 16th - Corned Beef and Cabbage w/ Carrots & Boiled Potatoes, Fresh Bread & Dessert

Monday March 21st - American Chop Suey, Cole Slaw, Garlic Bread & Cream Cheese Brownie

Wed. March 23rd - Chicken & Noodles, Vegetable, Cheese Biscuit & Dessert

Monday March 28th - Cheese & Spinach Stuffed Shells, Tossed Salad, Garlic Bread & Dessert

Wed. March 30th - Roast Pork w/ Applesauce, Mashed Potatoes, Vegetable, Dinner Roll & Pineapple Upside Down Cake



Fisherman's Breakfast

At the Chaplin Senior Center

SATURDAY APRIL 9TH

Curbside Pickup Only

6:30am - 8:30am

**BREAKFAST SANDWICH, HOME FRIES, FRUIT
SALAD AND BLUEBERRY COFFEE CAKE!**

ONLY \$6.00

Please call the center at 860-455-1327

To pre-order by 2:00pm on Thursday April, 7th.



Beckish Senior Center, Andover Senior Center,
Chaplin Senior Center, Windham Senior Center presents:

DANCING DREAM

ABBA TRIBUTE BAND

Aqua Turf Club ~ Plantsville, CT ~ Wednesday, May, 18, 2022



This tribute act will take you back to the days when Swedish disco group ABBA ruled the music world with their great pop hits and memorable performances. Their music is still so popular and alive, and resonates with audiences of all ages! Come experience the glitter and glamour of the 70s! This band takes pride in being able to honor the original, fantastic performers of the Swedish music group, ABBA!

Greatest hits of ABBA: MAMMA MIA, Dancing Queen, Fernando, Waterloo, Knowing Me, Knowing You

COFFEE & DONUTS ON ARRIVAL—Family Style Menu: Garden Salad, Pasta, Chicken Francaise & Salmon with Dill Sauce, Vegetable, Potato, Rolls, Dessert, Beverage

COST: \$109 .pp based on 35-50 passengers

Depart: 10:00am Beckish Senior Center 188 Route 66 Est Return: 5:30pm Columbia

Depart: 10:30am Windham Senior Center, 1 Jillson Square Est Return: 4:30pm Willimantic

Reservations: Beckish Senior Center contact Bernadette Derring 860-228-0759

Andover Senior Center contact Georgia O'Brien 860-742-9947

Chaplin Senior Center contact Lisa 860-455-1327

Checks payable to: Town of Columbia

Windham Senior Center contact Kate Cox 860-423-4524

Checks Payable to: Town of Windham



FRIENDSHIP TOURS
THE SHIP SHOP
795 Bloomfield Ave, Bloomfield, CT 06002
860-243-1630 • 800-243-1630
www.friendshiptours.net

This package is subject to our full terms and conditions which can be found on our website at www.friendshiptours.net/tour-policies. Paper copies are available upon request. By signing up to participate in the tour, you are agreeing to be bound to these terms and conditions. Therefore, you must read the terms and conditions in their entirety. By signing up for the tour, making a payment and continuing to use our services, you are agreeing to be bound by the Terms and Conditions. Should you disagree with any of the terms you must speak with us before signing up for a tour.



Chaplin Library & Senior Center
130-132 Chaplin St, Chaplin, CT
Free vaccine clinic
Pediatric 5-11 yrs. & 12+, Adults
3/9/2022 & 3/30/2022
2PM – 6PM

Offering Pfizer, Moderna, J&J Boosters Shots to Eligible Individuals

A vaccination clinic will be at **Chaplin Public Library & Senior Center** providing **FREE COVID-19 vaccinations for children's ages 5-11 yrs. 12+, Adults** – walk-ins welcome, no appointment required.

Please bring a health insurance card and photo ID if you have them, but it is **not necessary** to have health insurance or ID to receive the vaccine. No one will be turned away for lack of insurance or ID.



“SAP’S A-RUNNIN’!”

By Eva Aubert

When I was a child the first sign of Spring was heralded in by cold nights but warm days, which meant exactly as my title says in old Yankee vernacular, “Sap’s A-Runnin’, Aye-uh!” Wahmah weatha’s right around the cahna!” You see my whole family talked this way as well as our neighbors and friends.

Anyway I digress. One of my fondest childhood memories involved “Sugarin’ Time” or maple syrup time. This was before fancy sugar houses came along. It was the only time throughout the whole year when I was allowed to stay up half the night at the farm across the field from our home.

The reason for this was that our task was to keep a blazing fire going in an outside fireplace upon which sat a huge vat of sap, boiling down gradually into maple syrup. This farm belonged to the Gamache family, a family of five children, two about my age. As long as we kept throwing logs on the fire we could run around, play hide-and-seek, kick-the-can or any number of games. I remember the clear, starry nights, and a chill in the air. Just the excitement of being up late was an aphrodisiac in itself.

Can you imagine all of this by today’s standards? A huge, outside fire pit with boiling contents sitting on it, and no adult supervision would bring the D.C.F. knocking at our door!

The gathering of sap was a fun time also. The Gamache family owned a huge dog, a Great Dane or a Newfoundland; Mr. Gamache made a harness for the dog to pull the wagon or sled (if there was snow on the ground.) The pails were taken from the maple trees, dumped into the big kettles on the sled and then the pails were re-hung on the trees. There was no plastic tubing from tree to tree in those days!

The wagon or sled was then pulled into the yard by the fire pit, and usually had to be picked up by an adult or an older boy and poured into the boiling sap on the fire.

Those were giddy evenings for us kids. We were exempt from all chores as long as we kept that fire going.

As the years passed we found ourselves in our early teens, and the ante went up a notch. We were really getting into the game of hide-and-seek now, but the excitement was of a different kind. Who was hiding where? I remember Mr. Gamache getting us all together and saying, “No more hiding in the barn!” As an adult in later years, I thought Mr. Gamache made a very wise decision!

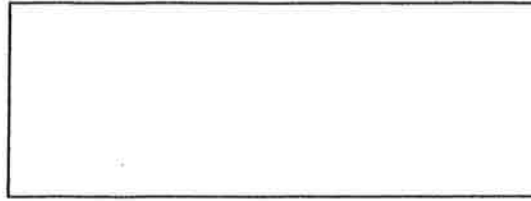
Chaplin Senior Center Monthly Calendar

March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 9:00 - 10:00 Fit & Fun 10:00 Board Meeting 10:00 Memoir Group 10:00 Mahjongg	2 9:30 - 11:30 Pickleball 9:45 - 11:45 Bingo 11:45 - 12:15 Lunch see Menu	3 9:00 - 10:00 Fit & Fun 10:00 Poker /Cards 10:00-1:00 Massage Therapy by appt. Call 860-455-1327
7 9:00-10:00 Fit & Fun 9:30 Wii Bowling 9:30 - 11:30 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see Menu	8 9:00 - 10:00 Fit & Fun 10:00 Memoir Group 10:00 Mahjongg 10:00 - 1:00 Municipal Agent	9 9:30 - 11:30 Pickleball 9:45 - 11:45 Bingo 11:45 - 12:15 Lunch see Menu 2:00 - 6:00 Covid-19 Vaccine Clinic	10 9:00 - 10:00 Fit & Fun 10:00 Poker/Cards 10:00 Watercolor Class
14 9:00-10:00 Fit & Fun 9:30 Wii Bowling 9:30 - 11:30 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see Menu	15 9:00-10:00 Fit & Fun 10:00 Memoir Group 10:00 Mahjongg	16 9:30 - 11:30 Pickleball 9:45 - 11:45 St. Patrick's Day Bingo w/prizes 11:45-12:15 LUNCH see Menu 6:30pm The Story of Benjamin Chaplin's Will	17 9:00- 10:00 Fit & Fun 10:00 Poker/Cards 10:00-1:00 Massage Therapy by appt. Call 860-455-1327
21 9:00-10:00 Fit & Fun 9:30 Wii Bowling 9:30-11:30 Pickleball 11:00 Yoga 11:45-12:15 Lunch see Menu	22 9:00 - 10:00 Fit & Fun 10:00 - Memoir Group 10:00 Mahjong	23 9:30 - 11:30 Pickleball 9:45-11:45 Bingo 11:45 - 12:15 LUNCH see Menu	24 9:00 - 10:00 Fit & Fun 10:00 Poker/Cards 9:00 - 2:00 Haircuts w/ Cindi call 860-455-1327 for Appt. 10:00 Watercolor Class
28 9:00-10:00 Fit & Fun 9:30 Wii Bowling 9:30 - 11:30 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see Menu	29 9:00-10:00 Fit & Fun 10:00 Memoir Group 10:00 Mahjongg 10:00-1:00 Municipal Agent	30 9:30-11:30 Pickleball 9:45-11:45 Bingo 11:45-12:15 Lunch see Menu 2:00-6:00 Covid-19 Vaccine Clinic	31 9:00-10:00 Fit & Fun 10:00 Poker/Cards 10:00-1:00 Massage Therapy by appt. Call 860-455-1327

Chaplin Senior Center
132 Chaplin Street
Chaplin, CT 06235

For information call
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*Wishin' you a pot o' gold,
And all the joy your heart can hold.*

