Chaplin Senior Center

Board of Directors

132 Chaplin Street

Chaplin, CT 06235

The Board of Directors for the Chaplin Senior Center met on Tuesday, August 4, 2020 in the community room of the Chaplin Senior Center.

Members present: Doreen Bolduc, Shirley Rakos, Cathy Dietrichsen, Lisa Kegler, Irene Schein, and alternates Ellen Gillon, Ann Lewis, and Carol Rose. Also present were Roxanne St. Jean (Director) and Victoria Northrop (recording clerk).

As a meeting where the public would normally be present, due to the COVID-19 pandemic the meeting was audio-broadcast through the "GoToMeeting" app for any interested member of the public in accordance with CT Executive Order 7s.

- 1. Doreen called the meeting to order at 9:32 a.m.
- 2. Doreen then carried out the **remote swearing-in of the new board members** over the telephone with the Chaplin Town Clerk. Walt Zlotnick and Carl Linkkila were not present for the swearing in. Shirley Rakos, Ellen Gillon, Ann Lewis, and Carol Rose all took the oath and confirmed with "I do" then were sworn in for a term beginning July 1, 2020, ending June 30, 2023.
- 3. Ellen Gillon, Ann Lewis, and Carol Rose were then seated as alternates.
- **4. Secretary's Report**: Irene Schein made a motion, which was seconded and carried unanimously to approve the minutes of the June meeting.
- **5. Correspondence**: Roxanne stated that there was nothing new of note.
- **6. Director's Report**: Roxanne then gave the report on finances
 - A. Cash on Hand: \$485
 - **B.** Special Revenues: \$23,625
 - C. Membership Status: 2 new members, 316 total members (approx., as some dues may be delayed due to the COVID pandemic). Ann suggested that a 'how-to' join and pay membership dues be added to the new Facebook page, Google Groups and Town Website, in addition to the letter format.
 - **D.** Dues collection: \$1290
 - **E.** Review of Center's Activities:

Curbside lunch program is going well. Wednesdays have been added to the initial Monday lunches. Lunches are also being delivered to shut-ins. It is a popular program that serves balanced meals with the help of Bob & Dawn in the kitchen. It allows some socially distanced contact for the Seniors. The dual-fee system for members (5\$) and non-members (7\$) was discussed, as was the 35 person limit on the lunches. As the program is opened to non-members, some decision will need to be made on how to service members with priority. Non-members must phone in a 'reservation' for the lunches. They will be encouraged to join if they are 50+. A discussion of the

cost increase for the meal was also addressed as, due to the pandemic, all meals must now be put in containers. Funding comes from special revenues. Irene then asked how the special revenues fund was increasing; Roxanne replied from dues + meal fund. It was clarified that the general fund is the town's contribution. Shirley added that the Seniors have also been meeting for **social time on Wednesdays in the pavilion at Garrison Park**.

Jennifer is continuing to do **ZOOM Yoga** on Mondays at 11 am. Chair yoga for \$8 per session, or as the participant can afford. Appx. 6+ members use this regularly. Soon **ZOOM Sit & Stretch** with Mary Landeck will be added. In conjunction with these ZOOM activities, the board talked about reaching out to computerless Seniors and potentially getting tablets (funded by special revenues) to loan out to those who have no ability to get online. IT specialist Brian Hathaway would be contacted for help with this. ZOOM meetings for the Seniors in other contexts (like book clubs) were also suggested, since they can be attended with a land-line telephone, even.

When the Center reopens, **new activities are planned**: Wellness, Podiatry, Watercolor classes, evening activities for Seniors who work, Potluck Social Night, etc. A list of all Seniors in town is available for outreach. Getting an estimate for a pre-printed postcard informational mass-mailing was suggested.

- **7. Building Review**: The physical building of the Senior Center is in good shape. The town crew has been very helpful in grounds maintenance and in assisting with directing socially distanced traffic for activities outside during the pandemic, such as lunches and tax paying.
- 8. Update on Google Group and Facebook Page: The Facebook page is up and moderated by Roxanne and Lisa. A no-advertising policy is in place, and it is being used to promote Senior activities and give accurate, important information to the Seniors. Carol Rose asked how one can add content and contacting Roxanne and Lisa through FB messenger or by phone/e-mail were recommended. Irene made a motion to accept the FB page and its posting rules and it was seconded and carried unanimously.
- **9. Other Topics:** Catherine wanted to know about access to Ancestry.com for the Seniors when the center opens again. The board would like to check with the town library to see if they have access. The topic of updating the town website arose to keep it current. The lunch menus and newsletter are being sent by google groups. Carol asked about flu shots and their frequency and Roxanne will ask Eastern Highlands. Roxanne presented some cute crafts with jokes and chocolates to be distributed to the Srs. Made by Lisa. Potentially there will be themed lunches.
- 10. Next Meeting Date: September 1, 2020
- **11. Adjournment:** the meeting was adjourned at 10:30 a.m.

Minutes submitted by Victoria Northrop, recording clerk