

# Chaplin Senior Center

132 Chaplin Street  
Chaplin, CT 06235  
860-455-1327

Lisa Kegler, Director  
Linda Grindle, Asst. Director  
Bob Grindle & Dawn Gilbert, Kitchen  
Shirley Rakos, Municipal Agent

## Jane Wallor Collins

[www.JaneCollinsArt.com](http://www.JaneCollinsArt.com)

Jane Collins' bright paintings in oil and watercolor reflect her love of all things rural: wildlife, gardens, farms, and flowers.

At the UCONN School of Fine Arts she studied drawing, design, watercolor, and oil painting. Since then, she has attended many painting classes and workshops, and her work has been widely shown in regional exhibits and galleries. Ten of her barn paintings have been purchased for inclusion in the permanent collection of Eastern Connecticut State University, in Willimantic, Connecticut.

Collins' home and studio are in the "Quiet Corner" town of Chaplin, Connecticut, where she and her husband tend their organic gardens and are working to sustainably manage their forested acreage.



**Jane will host an artist chat and coffee at 10:00am on Thursday, April 10th at the Senior Center.**

# **CURBSIDE PICKUP OR DINE IN LUNCHES**

## **CHAPLIN SENIOR CENTER**

**Every Monday and Wednesday. \$7.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00 for Monday lunch and call in on Monday before for Wednesday lunch.**

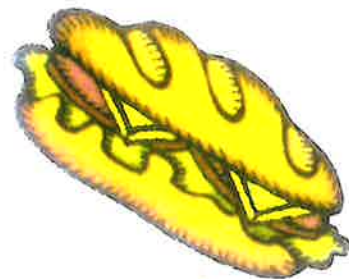
### **April 2025 Menu**

- Wed. April 2nd - Meat Lasagna, Tossed Salad, Garlic Bread & Brownie**
- Monday April 7th - Beef or Cheese Burrito w/Guacamole, Sour Cream, Spanish Rice, Tortilla Chips & Tapioca Pudding**
- Wed. April 9th - Baked Chicken Quarter w/ Roasted Potatoes, Vegetable, Dinner Roll & Lemon Cake**
- Monday April 14th - Grilled Sausage w/ Onion & Pepper Grinder, Cole Slaw Potato Chips & Carrot Cake**
- Wed. April 16th - Chicken Parmesan w/Mashed Potatoes, Vegetable, Garlic Bread & Rhubarb Custard Cake**
- Monday April 21st - SENIOR CENTER CLOSED**
- Wed. April 23rd - Meatlovers or Cheese Pizza, Cole Slaw, Potato Chips & Spice Cake**
- Monday April 28th - Baked Potato Bar w/Chili, Broccoli, Sour Cream, Bacon, Butter, Cheese Sauce & Triple Chocolate Chip Cookie**
- Wed. April 30th - American Chop Suey, Garlic Bread, Cole Slaw & Peach Cobbler w/Whipped Topping**



# **Plant and Grinder Sale**

## **Chaplin Senior Center**



**Saturday May 10th, 10:00am till 12:30**

**Rain or Shine!!**

**We will have a nice assortment of plants to purchase including Vegetable, Herbs, Flowers, Hanging Baskets and Houseplants!**

**A Raffle with a great variety of Prizes!!**

**We will also be selling Grinders for \$10.00  
kitchen window pick up.**

**We will be offering Turkey, Ham, Italian Combo and Vegetarian with a variety of veggies. All grinders can be made with lettuce or cabbage, tomato and provolone cheese. (No condiments)**

**Please call the center at 860-455-1327**

**By 2:00 on Wednesday May 7th to place your order.**



# Chaplin Senior Center Monthly Calendar

## April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<b>1</b> 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg 10:00 Memoir Group	<b>2</b> 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu <b>12:30 Mexican Train</b>	<b>3</b> 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:15-2:00 Haircuts with Cindi call 860-455-1327 for appt.
<b>7</b> 9:00 - 9:45 Fit & Fun 9:00 - 12:00 Pickleball 11:00 Yoga 11:45- 12:15 LUNCH see menu	<b>8</b> 9:00-9:45 Fit & Fun <b>10:30 Bulb Forcing Class</b> 10:00 -2:00 Mahjongg 10:00 Memoir Group	<b>9</b> 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	<b>10</b> 8:00 Breakfast Club 9:00-9:45 Fit & Fun <b>10:00 Artist Chat &amp; Coffee</b> 10:00-1:00 Massage Therapy By appt. 860-455-1327
<b>14</b> 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	<b>15</b> <b>10:00-2:00</b> <b>AARP Safe Driver Course</b>  <b>NO FIT &amp; FUN</b>	<b>16</b> 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	<b>17</b> 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt 860-455-1327
<b>21</b> <b>Senior Center Closed!!</b>	<b>22</b> 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg	<b>23</b> 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	<b>24</b> 8:00 Breakfast Club 9:00 - 9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327
<b>28</b> 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu	<b>29</b> 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg 10:00 Memoir Group <b>10:30 May Day Basket workshop</b>	<b>30</b> 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	



# Spring has Sprung!!

**Come join us for a flower bulb forcing workshop on**

**Tuesday, April 8th at 10:30am**

**All materials will be provided for free.**

**Sign up at the front desk or call 860-455-1327**

# May Day Baskets

**Come help us create adorable little May Day Baskets**

**to deliver to local Nursing Homes.**

**Tuesday, April 29th at 10:30am**





**Wednesday May 7, 2025**

**1pm-6pm**

Help save a life!

Did you know that nearly every two seconds, someone needs blood. You can donate blood every 56 days. The actual donation process takes about 10 minutes.



**Douglas Manor**  
Nursing and Rehabilitation Center

Donation Location:  
Douglas Manor  
103 North Road  
Windham, CT 06280  
860-423-4636

Sign up with the link below or call us directly.

<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=DouglasManor>



## **Gentle Beginner's Yoga**

**Mondays 11:00am - 12:00pm**

**Gentle steady movement brings healing circulation. Deep breathing brings peace and stability to your nervous system, your heart, your headspace. Coming together in community with love brings courage and strength to our bodies. Please join us for a beautiful weekly meditative movement practice of full body circulation, joint care, standing balance, internal organ system balancing, flexibility, range of motion, deep relaxation, stress release, gentle strengthening and rejuvenation. (all poses in this class are either in a chair, standing, or lying down on your back. There is no knee down or weight into hands or wrist poses in this class.) You are deeply welcome. No previous experience necessary. Come and take beautiful care of yourself. \$8.00 for members and \$10.00 for non-members.**

**DRIVER  
SAFETY** 

**AARP** Real Possibilities

**SAFER DRIVING  
CAN SAVE YOU MONEY**

Take the AARP Smart Driver™ classroom course and you could save money on your car insurance! \*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

**THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!**

**AARP Safe Driver course will be taught at the Chaplin Senior Center on Tuesday, April 15th, 2025 from 10:00AM to 2:00PM. Please make your checks out to AARP, \$20.00 for AARP members and \$25.00 for non-members. Training materials and certificates are supplied.**

**To register call (860) 455-1327.**

**DRIVER  
SAFETY**





# Chaplin Cleanup Day

## April 19, 2025 (Saturday)

Our annual town cleanup day is here again. We hope you will participate and encourage your friends and neighbors to participate in making Chaplin an even better place to live. For the most up-to-date information, please view our web site at

<http://chris.komuves.org/cleanup/>

Our goal is to have as many people as possible clean up a section of road or other public area in Chaplin. Here's how to participate:

1. Go to the website and choose an area that you or your household / organization are willing to clean up.
2. Email a note to [cleanup@komuves.org](mailto:cleanup@komuves.org) with the following:
  - ✓ Your Name(s)
  - ✓ The area you'll be cleaning up (if part of a road, give intersections or house numbers of ends)
  - ✓ (Limited Availability) You can also request to borrow a trash pickup tool or high visibility safety vest (include size of S, M, L, XL, XXL). If you do, please also provide your phone number. You can pick these up outside from my home on Bedlam Rd.
3. On or before April 19, perform the cleanup. Plastic trash bags will be available at the Chaplin Town Hall. If you come across anything too large for you to manage, let me know, and I'll ask the town to deal with it. For the weekend of April 19, there will be a dump truck at the Town Hall parking lot, into which you can deposit trash from the cleanup (please do NOT bring personal trash).
4. After the cleanup, send any comments, reports, or photos that you want to share about what you found to [cleanup@komuves.org](mailto:cleanup@komuves.org). These will be published on the cleanup web page.

*For questions or comments, contact Chris Komuves at [cleanup@komuves.org](mailto:cleanup@komuves.org) or (860) 455-9839.*

**Visit the Chaplin Library**  
**Saturday, April 5 10 am- 12 noon**

**FREE VEGGIE AND FLOWER SEEDS!**



**Plant a flower, take home free seeds to  
start your garden**



*The Chaplin Public Library  
Announces April's Museum of the Month*

## **Dinosaur State Park**

400 West St., Rocky Hill, CT



Visit a 200-million-year-old fossil trackway, nature trails, arboretum, and interactive exhibits which bring the Mesozoic era to life. Explore a paleontological museum and the outdoors...all in one trip in a park like no other. The Park features over 750 early Jurassic dinosaur footprints, **one of the largest dinosaur track sites in North America**, preserved inside the museum alongside exhibits about dinosaurs and fossils, Connecticut geology, and modern live animals.



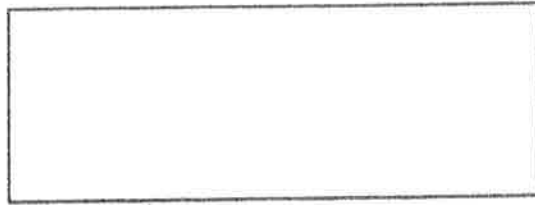
***Four FREE passes***

***Sponsored by the Friends of the Chaplin Library***



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## **Saturday Morning Walking Club**

**8:30am meeting time.**

**For the month of April we will walk the Airline Trail in  
Hampton.**

**Park at the Estabrooks Road end and walk toward  
Station Road.**

**Followed by a visit to the Hampton General Store for  
those who may crave an after walk treat!!**

