

February 2025

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent



Artist of the month - Alice G. Kuzel

Alice Kuzel has enjoyed drawing for a number of years however it is only recently that she is showing her artwork. She works in charcoal and pastel, sometimes combining both mediums. Many of the drawings are rendered from photographs that she has taken. Alice's love of books, art and education were fostered at an early age by her family. She earned a bachelor of arts in English from Eastern Connecticut State University; Master of Education from Sacred Heart University; in 2011, she spent a summer as a Fellow of the Connecticut Writing Project, at the University of Connecticut. Alice and her husband Shane, raised three daughters in Lebanon, CT, where they lived for over 30 years. Presently she works as a museum educator at Old Sturbridge Village. She and her husband own Immaculate Concepts Home Remodeling, LLC; they currently live in Pomfret Center, CT.

Member Sign In - Please remember to sign our guest book in the reception area each time you visit the senior center.

Quick Fix Hair Care - Cindi will be at the center on Thursday Feb. 27th from 9:15 till 2:00 for all your hair care needs. Call 860-455-1327 to schedule your appointment.

Massage with Carlie - Carlie still has a couple of appointments available on Thurs. Feb. 6th, Thurs Feb 20th and Monday Feb. 24th. \$30.00 for ½ hr. and \$50.00 for an hour. Call for 860-455-1327 for an appointment.

Holiday Closings - Remember the center will be closed Wed. Feb 12th for Lincoln's Birthday and Monday Feb. 17th for Presidents Day.

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

February 2025 Menu

- Monday Feb. 3rd - Shepherd's Pie, Cole Slaw, Cheese Biscuit & Carrot Cake**
- Wed. Feb. 5th - Ham & Beans w/ Macaroni & Cheese, Corn Bread & Oatmeal Raisin Cookie**
- Monday Feb 10th - Stuffed Shells w/ Homemade Sauce, Broccoli Garlic Bread, Raspberry Chocolate Cheesecake**
- Wed. Feb. 12th - SENIOR CENTER CLOSED**
- Monday Feb. 17th - SENIOR CENTER CLOSED**
- Wed. Feb. 19th - Chicken Parmesan w/ Pasta, Italian Vegetables, Dinner Roll, Cream Cheese Brownie**
- Monday Feb. 24th - Salisbury Steak w/ Pan Gravy, Mashed Potatoes, Sauteed Green Beans, Dinner Roll & Crumb Cake**
- Wed. Feb. 26th - Roast Pork Loin w/ Roasted Potatoes & Carrots
Corn Bread & Apple Pie**



Mansfield Farms to Families Program



Are you interested in farm fresh produce at a low cost or no cost?

Mansfield Farms to Families maybe the program for your household.

Our program offers no cost monthly distributions to income-qualified households.

Tell me more!

What is the monthly distribution?

Once a month fresh fruits, veggies, milk, eggs and a protein is given to income eligible participants Thursdays from June through October at the **Chaplin Senior Center**. The program has 15 spots available.



Income Guidelines

Family size	Income limit
1	\$56,882
2	\$74,384
3	\$91,886
4	\$109,389

How can I sign up?

Sign ups are available at the **Chaplin Senior Center** or you can complete the online application at <https://mansfieldct.jotform.com/230525450381045>

To make an appointment to fill out the online application

call Lisa or Shirley at 860-455-1327.

There are only 15 slots, so call ASAP.

Applications must be filled out by Feb. 20, 2025

Chaplin Senior Center Monthly Calendar

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu	4 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg 10:00 Memoir Group	5 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30 Mexican Train	6 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327
10 9:00 - 9:45 Fit & Fun 9:00 - 12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45- 12:15 LUNCH see menu	11 9:00-9:45 Fit & Fun 10:00 -2:00 Mahjongg 10:00 Memoir Group 10:00-1:00 Municipal Agent	12 Senior Center Closed. Lincoln's Birthday	13 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-1:00 Massage Therapy by appt. 860-455-1327
17 Senior Center Closed. President's Day	18 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	19 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	20 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt 860-455-1327
24 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu	25 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	26 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	27 8:00 Breakfast Club 9:00 - 9:45 Fit & Fun 9:15-2:00 Haircuts with Cindi call for appt 860-455-1327





2nd ANNUAL

CHAPLIN CHILI CHALLENGE

Saturday, March 8th 5:00pm - 7:00pm

Chaplin Senior Center

132 Chaplin Street

**Bring a crock pot of your favorite chili recipe to
compete for great prizes**

or just come as a taste tester!

BYOB

Senior Center will provide cornbread and dessert.

1st place prize - Bob's IGA Meat Bundle

2nd place prize - Lodge Cast Iron Dutch Oven

3rd place prize - Margarita Gift Basket

Call 860-455-1327 for information.

Chaplin Public Library



www.takeyourchildtothelibrary.org

Take Your Child to the Library Day

Saturday, February 1st

(snowdate Feb. 8)

10am-1pm

Please join us for **Take Your Child to the Library Day!** Sip hot chocolate and play a board game with friends. Build a Lego creation to display in the library. Make Snowflakes and Valentines to take home. All ages welcome. Stop in for some fun!

For more information, please call 860-455-9424 or visit our website at www.chaplinpubliclibrary.org. The library is located at 130 Chaplin St.



***The Chaplin Public Library
February/ March Museum of the Month
The Slater Museum***



108 Crescent Street, Norwich, CT

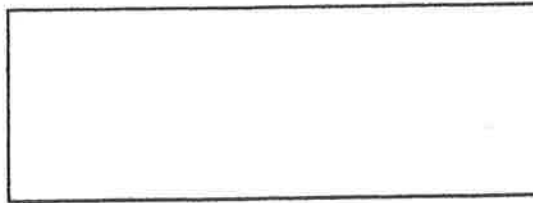
Located on the campus of Norwich Free Academy, the Slater Museum awakens visitors to the richness and diversity of the human experience through art and history. For more than one hundred years, the Museum has displayed and interpreted the best examples of fine and decorative art, representing a broad range of world cultures. This is a gem with a large collection of plaster casts of ancient sculptures displayed in a beautifully preserved Richardsonian Romanesque building. Both interior and exterior are largely unchanged since construction in the 1880s. Especially impressive are the original wood columns, beams, and trusses along with the original wood paneled ceilings under a huge gable roof, a barrel vault, and a cone-topped tower. Charming, knowledgeable, and accommodating staff.

***Four FREE passes each with 2 entries
Sponsored by the Friends of the Chaplin Library***



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For information call
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Saturday Morning Walking Club

8:30am meeting time.

We will be walking the Airline Trail in Hampton.

Park at the Estabrooks Road end and walk toward
Station Road.

Followed by a visit to the Hampton General Store for
those who may crave an after walk treat!!

