

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent

November 2024

Artists of the month

We will have a collaborative art show for the months of November and December, highlighting some of our previous artists. All of the artwork will be for sale so you can come by and do some holiday shopping. We will also be open on Saturdays, November 30th and December 7th from 10:00am till 2:00pm for your convenience.

Stacey Gendreau - Beautiful oil paintings and prints at very reasonable prices. Gorgeous woodworks made with reclaimed wood. Sure you will enjoy the beauty of her natural artwork she has created and see that it will make great holiday gifts.

Marcia Donofrio - A resident of Chaplin and an artist for many years. Her expressions are created from her love of the mystery of nature and the inner worlds. Her work is eclectic, ranging from oil and acrylic, mixed media and ceramic sculpting.

Christina Hammon - Painter and Pyrography artist. She paints from the heart, mind and spirit. Working with a number of mediums, creating artwork with a naturalistic theme and celestial works.

Irene Glynn - When not painting pet portraits in oils, she turns to still life painting with pastels, providing rich colors to brighten any home or space.

Debbie Raccone - Her love of animals and nature inspire her ideas for new projects and artwork. Watercolor paintings, sculpture, bead and jewelry work, resin crafts, woodworking and some glass work.

Pat Calvo - Animal caricatures on canvas that will certainly bring a smile to your face. She will happily paint a custom one for you from one of your favorite pictures or choose from her many creations.

There will be no bingo on Wednesday, November 27th. We will be serving our Country Breakfast that morning 8:00am till 9:30am instead of lunch.

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

November 2024 Lunch Menu

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| Monday Nov. 4 th - | Baked Chicken Quarter, Pasta Salad, Vegetable, Corn Bread, Rhubarb Custard Cake |
| Wed. Nov. 6 th - | Baked Meat Loaf w/ Gravy, Mashed Potatoes, Green Beans, Dinner Roll, Pumpkin Spice Cake |
| Monday Nov. 11 th - | SENIOR CENTER CLOSED – VETERANS DAY |
| Wed. Nov. 13 th - | Grilled Salmon, Rice Pilaf, Corn Bread, Glazed Carrots, Chocolate Cream Pie |
| Monday Nov. 18 th - | Stuffed Shells w/ Homemade Sauce, Tossed Salad, Garlic Bread, Cream Cheese Brownie |
| Wed. Nov. 20 th | Beef or Cheese Burrito, Spanish Rice, Guacamole, Sour Cream, Taco Chips, Caramel Bread Pudding |
| Monday Nov. 25 th - | Roast Turkey w/Mashed Potatoes & Gravy, Cranberry Sauce, Stuffing, Green Bean Casserole, Dinner Roll & Apple Pie |
| Wed. Nov. 27 th - | Country Breakfast – 8:00am – 9:30am DINE IN ONLY
Texas French Toast, Scrambled Eggs, Bacon, Sausage Gravy and Biscuits, Coffee Cake, Coffee & Juice |



COUNTRY BREAKFAST

Chaplin Senior Center



Wednesday November 27, 2024

8:00am till 9:30am



**French Toast, Scrambled Eggs, Bacon, Sausage & Gravy
with Biscuits, Coffee Cake, Coffee and Juice**

all for only \$6.00

Dine In Only




Call Monday Nov. 25, 2024 before noon to sign up!

860-455-1327



Chaplin Senior Center Monthly Calendar

November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 9:00-4:00 Medicare Appointments 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu</p>	<p>5 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg</p>	<p>6 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-2:00 Mexican Train</p>	<p>7 8:00 Breakfast Club 9:00-9:45 Fit & Fun</p>
<p>11 Senior Center Closed! Veterans Day!!</p> 	<p>12 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 -2:00 Mahjongg 10:00 Memoir Group 10:00-1:00 Municipal Agent</p>	<p>13 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu</p>	<p>14 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-2:00 Foot Care appt. Call 860-455-1327 10:00-1:00 Massage Therapy by appt. 860-455-1327</p>
<p>18 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu</p>	<p>19 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg</p>	<p>20 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu</p>	<p>21 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:15-2:00 Haircuts w/Cindi by appt. Call 860-455-1327</p>
<p>25 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu</p>	<p>26 9:00 - 9:45 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent</p>	<p>27 8:00-9:30 COUNTRY BREAKFAST Dine in Only 9:00 - 12:00 Pickleball</p> 	<p>28 Senior Center Closed Thanksgiving!!</p> 

Don't forget to thank our Veterans on Veteran's Day

for all they sacrificed for our freedom.

Remember freedom is not free!!

Chaplin Senior Center

Foundations Foot Care, LLC.

PUTTING YOU FIRST, ONE STEP AT A TIME

- Nail & Foot Assessment
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- Ingrown Nail Care
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- Prevention Education
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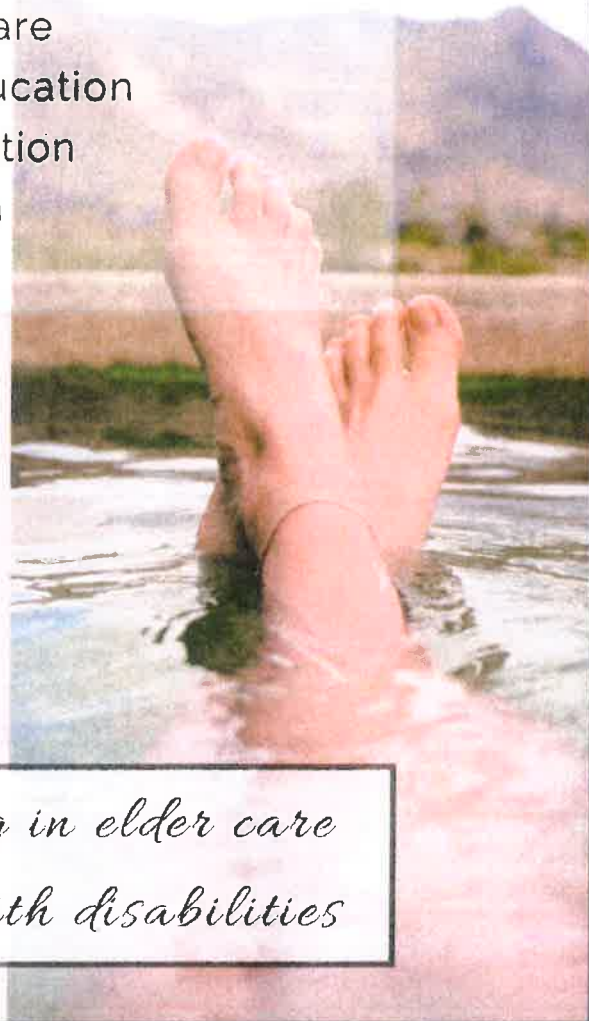
Thursday, Nov. 14th

10am - 2PM

\$45.00 CASH

30 Minute Appt.

*Specializing in elder care
& persons with disabilities*



**Call 860-455-1327 to schedule your
appointment**

AUTUMN SURROUNDS A BARNYARD!

By Joe Novak, Jr.

My corgi dog George and I walked about on this early morning. Gee! What has happened? The Autumn Equinox has slid in to surround our barnyard. It came in over the weekend while we looked the other way. George and I love this time of year, especially an autumn morning, crisp and brilliant. The leaves are starting to change into their autumn finery. Ferns and gasses are fading. Our vegetable garden has stopped production.

The deer herd is growing winter coats of a grayish color. So are our horses, not in color but in the thickness of their coats. Ahh! Where has the summer gone?

I open the barn door and see a woolly bear caterpillar curled in the corner of the doorway, dormant in the cool morning. I pick it up to see this weather prognosticator more clearly. Country wisdom tells us that the woolly bear's color tells us how winter weather will fare. I see more black than rusty orange in its autumn, but I forget what this means. I'll have to ask George. I cup the wee creature in my hand for a moment or two until I feel movement as the it wakes to my warmth. Then I place it under a pile of leaves by the side of the barn. It should be safe there until the sun warms it later in the day.

After I turn the horses out Kimmie comes down from her hiding place in the hayloft and meows "good morning". I return the salutation and fill her Kibble bowl. I figure my chores are finished, and I start up to the house, but Kimmie follows me. I'm almost to the back deck when I hear a plaintive call. I turn to see Kimmie sitting halfway down the yard calling to me. She is becoming a demanding wench! "Hey," I call out to her, "I filled your bowl." But she meows all the louder, so I reverse my direction, walk back, and sit on a tree stump as Kimmie rubs my leg and I pet and gently rub her shoulders and neck. She purrs as I rub, telling me about her adventures of the night. She tells me about a black snake that lives in the brush pile behind the barn, a better mouser than a barn cat. Kimmie has had good hunting, but so has the snake, a four-foot blue racer, and a barn owl just outside the barn.

At last Kimmie gives me a final butt with her head, and with a wink and a nod, she walks back into the barn for her Kibble bowl and breakfast. That's the way it is on an early morning as autumn surrounds the barnyard of Harvest Home.

Written 9/25/2006

*Chaplin Public Library
Announces November's Museum of the Month*

The Wadsworth Atheneum
600 Main Street, Hartford, CT



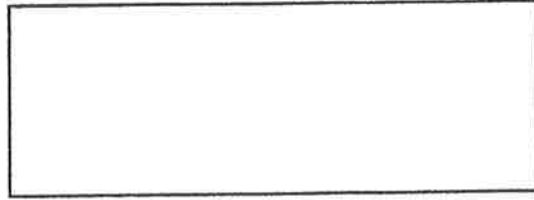
- Highlights include the Morgan collection of Greek and Roman antiquities and European decorative arts; world-renowned Baroque and Surrealist paintings; an unsurpassed collection of Hudson River School landscapes; European and American Impressionist paintings
- Discover Samuel Colt's personal collection of firearms, edged weapons, and armor from around the world which includes weapons from Colt's firearm company and rare historic pieces given as gifts to Colonel Colt by czars, princes, and sultans.
- Enjoy 5,000 exquisite costumes and accessories from thimbles to tapestries, unique objects such as African American story quilts, Native American baskets, and contemporary fiber art.

Two free passes each for two adults
Sponsored by the Friends of the Chaplin Library



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**For information call
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Oh no.....SNOW!!!

If the Senior Center has to close or open late due to inclement weather, the announcement will be on Channel 3. Keep in mind that we do not always follow the schools decision.

Please note that if there is a late opening on a Wednesday, there will be no BINGO that day. As always, if you have any doubt, call the Center at 860-455-1327 before heading out!!